



Ready,
Respectful, Safe

CATHCART STREET PRIMARY SCHOOL

PSHE & RSE

YEAR 5

Autumn	1	1	<ul style="list-style-type: none"> Being Me – Planning the Forthcoming Year My Year Ahead 	PSHE	Jigsaw	
		2	<ul style="list-style-type: none"> Being Me – Being A Citizen Being Me in Britain 		Jigsaw	
		3	<ul style="list-style-type: none"> Being Me – Rights & Responsibility Year 5 Responsibilities 		Jigsaw	
		4	<ul style="list-style-type: none"> Being Me – Rewards & Consequences Rewards & Consequences 		Jigsaw	
		5	<ul style="list-style-type: none"> Being Me –How Behaviour Affects Groups Our Learning Charter 		Jigsaw	
		6	<ul style="list-style-type: none"> Being Me – Democracy, Having a Voice and Participating Owning Our Learning Charter 		Jigsaw	
	2	1	<ul style="list-style-type: none"> Drugs & Alcohol – Legal & Illegal Drugs 	PSHE	CW	
		2	<ul style="list-style-type: none"> Drugs & Alcohol – Attitude to Drugs 		CW	
		3	<ul style="list-style-type: none"> Drugs & Alcohol – Peer Pressure 		CW	
		4	<ul style="list-style-type: none"> Healthy Me –Smoking (Inc Vaping) Smoking 		Jigsaw	
		5	<ul style="list-style-type: none"> Healthy Me – Alcohol Alcohol 		Jigsaw	
		6	<ul style="list-style-type: none"> Healthy Me – Emergency Aid Emergency Aid 		Jigsaw	
		7	<ul style="list-style-type: none"> Healthy Me – Body Image Body Image 		Jigsaw	
		8	<ul style="list-style-type: none"> Healthy Me – My Relationship with Food My Relationship with Food 		Jigsaw	
		9	<ul style="list-style-type: none"> Healthy Me – Motivation & Behaviour Healthy Me 		Jigsaw	
	Spring	1	1	<ul style="list-style-type: none"> Relationships – Recognising Me Recognising Me 	PSHE	Jigsaw
			2	<ul style="list-style-type: none"> Relationships – Online/Offline Friendships 		Y&T
			3	<ul style="list-style-type: none"> Relationships – Online Communities Safety with Online Communities 		Jigsaw
			4	<ul style="list-style-type: none"> Grassing or Grooming? – Session 1 – People’s Intentions & Motivation 		RSE
5			<ul style="list-style-type: none"> Grassing or Grooming? – Session 2 – Skills for the Bystander 	ATru		
2		1	<ul style="list-style-type: none"> Changing Me - Body Image – Appearance Ideals 	PSHE	DOVE	
		2	<ul style="list-style-type: none"> Changing Me - Body Image – Banish Body Talk 		DOVE	
		3	<ul style="list-style-type: none"> Changing Me – Self & Body Image Self & Body Image 	RSE	Jigsaw	
		4	<ul style="list-style-type: none"> Changing Me – Changes at Puberty 		Y&T	
		5	<ul style="list-style-type: none"> Changing Me – Puberty for Girls Puberty for Girls 		Jigsaw	
		6	<ul style="list-style-type: none"> Changing Me – Puberty for Boys Puberty for Boys 		Jigsaw	

Summer	1	1	<ul style="list-style-type: none"> • Celebrating Differences – Cultural Differences & How They Cause Conflict • <i>Different Cultures</i> 	PSHE	Jigsaw
		2	<ul style="list-style-type: none"> • Celebrating Differences – Racism • <i>Racism</i> 		Jigsaw
		3	<ul style="list-style-type: none"> • Celebrating Differences – Rumours & Name Calling • <i>Rumours & Name Calling</i> 		Jigsaw
		4	<ul style="list-style-type: none"> • Celebrating Differences – Types of Bullying • <i>Types of Bullying</i> 		Jigsaw
		5	<ul style="list-style-type: none"> • Celebrating Differences – Material Wealth & Happiness • <i>Does Money Matter?</i> 		Jigsaw
		6	<ul style="list-style-type: none"> • Celebrating Differences – Enjoying & Expecting Other Cultures • <i>Celebrating Differences Across the World</i> 		Jigsaw
	2	1	<ul style="list-style-type: none"> • Expect Respect – Secrets & Stories 	PSHE	ExRes
		2	<ul style="list-style-type: none"> • Railway Safety – Switched On 		SOn
		3	<ul style="list-style-type: none"> • Skills to Resist Radicalisation Lesson 1 		ATru
		4	<ul style="list-style-type: none"> • Skills to Resist Radicalisation Lesson 2 		ATru
		5	<ul style="list-style-type: none"> • Skills to Resist Radicalisation Lesson 3 		ATru
		6	<ul style="list-style-type: none"> • Skills to Resist Radicalisation Lesson 4 		ATru