

CATHCART STREET PRIMARY SCHOOL



PSHE & RSE

YEAR 4

Autumn	1	1	<ul style="list-style-type: none"> Being Me – Being Part of A Class Team Being Part of A Class Team 	PSHE	Jigsaw
		2	<ul style="list-style-type: none"> Being Me – Being A School Citizen Being A School Citizen 		Jigsaw
		3	<ul style="list-style-type: none"> Being Me – Democracy & School Council Rules, Rights & Responsibilities 		Jigsaw
		4	<ul style="list-style-type: none"> Being Me – Rewards & Consequences Rewards & Consequences 		Jigsaw
		5	<ul style="list-style-type: none"> Being Me – Group Decision-Making Our Learning Charter 		Jigsaw
		6	<ul style="list-style-type: none"> Being Me – Having a Voice Owning Our Learning Charter 		Jigsaw
	2	1	<ul style="list-style-type: none"> Alcohol – Effects of Alcohol 	PSHE	CW
		2	<ul style="list-style-type: none"> Alcohol – Alcohol & Risk 		CW
		3	<ul style="list-style-type: none"> Alcohol – Limits to Drinking Alcohol 		CW
		4	<ul style="list-style-type: none"> Healthy Me – Alcohol Alcohol 		Jigsaw
		5	<ul style="list-style-type: none"> Healthy Me – Assertiveness Celebrating My Inner Strength 		Jigsaw
		6	<ul style="list-style-type: none"> Healthy Me – Peer Pressure Healthy Friendships 		Jigsaw
		7	<ul style="list-style-type: none"> Healthy Me – Group Dynamics Group Dynamics 		Jigsaw
		8	<ul style="list-style-type: none"> Healthy Me – Body Care 	RSE	Y&T
		9	<ul style="list-style-type: none"> Healthy Me – Body Image 	P	DOVE
Spring	1	1	<ul style="list-style-type: none"> Relationships - Jealousy Jealousy 	PSHE	Jigsaw
		2	<ul style="list-style-type: none"> Relationships – Love & Loss Love & Loss 		Jigsaw
		3	<ul style="list-style-type: none"> Relationships – Memories Memories 		Jigsaw
		4	<ul style="list-style-type: none"> Relationships – Friendships & Secrets 	RSE	Y&T
		5	<ul style="list-style-type: none"> Relationships – Getting On & Falling Out Getting On & Falling Out 	PSHE	Jigsaw
		6	<ul style="list-style-type: none"> Relationships – Families & Getting On With Our Families 		Y&T
	2	1	<ul style="list-style-type: none"> Relationships – Safe Online Relationships 	RSE	CEOPS
		2	<ul style="list-style-type: none"> Changing Me - Unique Me Unique Me 		Jigsaw
		3	<ul style="list-style-type: none"> Changing Me – Inside Body Changes Inside Body Changes 		Jigsaw

		4	<ul style="list-style-type: none"> Changing Me – Girl's Changes Girls & Puberty 		Jigsaw
		5	<ul style="list-style-type: none"> Changing Me – My Personal & Private Parts 		Y&T
Summer	1	1	<ul style="list-style-type: none"> Celebrating Differences – Challenging Assumptions & Appearances Judging by Appearance 	PSHE	Jigsaw
		2	<ul style="list-style-type: none"> Celebrating Differences – Accepting Myself & Understanding Influences Understanding Influences 		Jigsaw
		3	<ul style="list-style-type: none"> Celebrating Differences – Understanding Bullying Understanding Bullying 		Jigsaw
		4	<ul style="list-style-type: none"> Celebrating Differences – Problem Solving Problem Solving 		Jigsaw
		5	<ul style="list-style-type: none"> Celebrating Differences – How Special We Are Special Me 		Jigsaw
		6	<ul style="list-style-type: none"> Celebrating Differences – First Impressions How We Look 		Jigsaw
		7	<ul style="list-style-type: none"> Expect Respect – Examining Violence, Excuses & Responsibility 		ExRes
		8	<ul style="list-style-type: none"> Water Safety x 3 (7-9 Yrs Lessons – 4 & 5) 		WS
	2	1	<ul style="list-style-type: none"> Young Citizens Developing Positive Communities – My Community 	PSHE	YCit
		2	<ul style="list-style-type: none"> Young Citizens Developing Positive Communities – Community Centre 		YCit
		3	<ul style="list-style-type: none"> Young Citizens Developing Positive Communities – Homelessness 		YCit
		4	<ul style="list-style-type: none"> Young Citizens Developing Positive Communities – How Can I Make a Difference? 		YCit
		5	<ul style="list-style-type: none"> Dreams & Goals – Hopes & Dreams Hopes & Dreams 		Jigsaw
		6	<ul style="list-style-type: none"> Dreams & Goals – Overcoming Disappointment Overcoming Disappointment 		Jigsaw
		7	<ul style="list-style-type: none"> Dreams & Goals – Creating New Dreams Creating New Dreams 		Jigsaw
		8	<ul style="list-style-type: none"> Dreams & Goals – Achieving Goals Achieving Goals 		Jigsaw
		9	<ul style="list-style-type: none"> Dreams & Goals – Celebrating Contributions, Working In a Group, Positive Attitudes We Did It! 		Jigsaw

Key:

Jigsaw	Jigsaw PSHE Resources	School Staff Drive & Files
CW	Christopher Winters Resources	School Staff Drive
Y&T	Yasmine & Tom Resources	Username: amandaelniff@cathcartstreet.wirral.sch.uk Password: Cathcart2023!
DOVE	Dove Body Image Resources	Username: sheridanl@cathcartstreet.wirral.sch.uk Password: Dover321
CEOP	Child Exploitation and Online Protection Resources	https://www.ceopeducation.co.uk/professionals/resources/
NSPCC	NSPCC Pants Rule Resources	https://learning.nspcc.org.uk/research-resources/schools/pants-teaching#
ExRes	Expect Respect Resources	School Staff Drive
WS	Water Safety Resources	https://www.rlss.org.uk/listing/category/wser-k9xj3?formRef=62faabd4
YCit	Young Citizens	https://www.youngcitizens.org/resources/ NOTE: There are presentations to accompany but these need to be downloaded from the site.