

CATHCART STREET PRIMARY SCHOOL



PSHE & RSE

YEAR 1

Autumn	1	1	<ul style="list-style-type: none"> Being Me in My World - Feeling special and safe Lesson 1: Special and Safe 	PSHE	Jigsaw(BM)
		2	<ul style="list-style-type: none"> Being Me in My World - Being part of a class Lesson 2: My Class 		Jigsaw
		3	<ul style="list-style-type: none"> Being Me in My World – -Rights and responsibilities Lesson 3: Rights and Responsibilities 		Jigsaw
		4	<ul style="list-style-type: none"> Being Me in My World – Rewards & Feeling Proud Lesson 4: Rewards and Feeling Proud 		Jigsaw
		5	<ul style="list-style-type: none"> Being Me in My World – Consequences Lesson 5: Consequences 		Jigsaw
		6	<ul style="list-style-type: none"> Being Me in My World - Owning the Learning Charter Owning Our Learning Charter 		Jigsaw
	2	1	<ul style="list-style-type: none"> Medicines and People who Help Us Staying Healthy 	PSHE	CW
		2	<ul style="list-style-type: none"> Medicines and People who Help Us Medicines 		CW
		3	<ul style="list-style-type: none"> Medicines and People who Help Us Who gives us medicines? 		CW
		4	<ul style="list-style-type: none"> Medicine safety/safety with household items Lesson 4: Medicine Safety 		Jigsaw
		5	<ul style="list-style-type: none"> Healthy Me - Keeping myself healthy - Lesson 1: Being Healthy 		Jigsaw
		6	<ul style="list-style-type: none"> Healthy Me Lesson 3 – Clean and Healthy 		Jigsaw
		7	<ul style="list-style-type: none"> Yasmin and Tom Keeping clean and taking care of myself 		Y&T
Spring	1	1	<ul style="list-style-type: none"> Families and Friendships (Relationships) Lesson 1 – Families 	PSHE	Jigsaw
		2	<ul style="list-style-type: none"> Yasmin and Tom Friendships and Feelings 		Y&T
		3	<ul style="list-style-type: none"> Families and Friendships (Relationships) Lesson 2 – Making Friends 		Jigsaw
		4	<ul style="list-style-type: none"> Safe Relationships – (Relationships) Lesson 3 - Greetings 		Jigsaw
		5	<ul style="list-style-type: none"> NSPCC PANTS Rule 		NSPCC
		6	<ul style="list-style-type: none"> Safe Relationships (Relationships) Lesson 4 – People Who Help Us 		Jigsaw
	2	1	<ul style="list-style-type: none"> Changing Me Lesson 1 - Lifecycles 	RSE	Jigsaw
		2	<ul style="list-style-type: none"> Changing Me Lesson 2 – Changing Me 		Jigsaw
		3	<ul style="list-style-type: none"> Changing Me Lesson 3 – My Changing Body 		Jigsaw

		4	<ul style="list-style-type: none"> Yasmin and Tom My Brilliant Body 		Y&T
Summer	1	1	<ul style="list-style-type: none"> Celebrating Differences Lesson 1 – The same as.. 	PSHE	Jigsaw
		2	<ul style="list-style-type: none"> Celebrating Differences Lesson 2 – Different from... 		Jigsaw
		3	<ul style="list-style-type: none"> Celebrating Differences Lesson 3 – What is bullying? (Understanding bullying) 		Jigsaw
		4	<ul style="list-style-type: none"> Celebrating Differences Lesson 4 – What do I do about bullying? 		Jigsaw
		5	<ul style="list-style-type: none"> Celebrating Differences Lesson 5 – Making new friends 		Jigsaw
		6	<ul style="list-style-type: none"> Celebrating Differences Lesson 6 – Celebrating Difference 		Jigsaw
		6	<ul style="list-style-type: none"> Expect Respect Friends, secrets and people who can help us. 		ExRes
		7	<ul style="list-style-type: none"> Out and About – Road Safety Jigsaw Healthy me – Lesson 5 		Jigsaw
	2	1	<ul style="list-style-type: none"> Young Citizens Developing Positive Communities – Exploring our Community 	PSHE	YCit
		2	<ul style="list-style-type: none"> Dreams & Goals Lesson 1 – My Treasure Chest of Success 		Jigsaw
		3	<ul style="list-style-type: none"> Dreams & Goals Lesson 2 – Steps to Goals 		Jigsaw
		4	<ul style="list-style-type: none"> Dreams and Goals Lesson 3 – Achieving Goals 		Jigsaw
		5	<ul style="list-style-type: none"> Dreams & Goals Lesson 4 – Learning with Others 		Jigsaw
		6	<ul style="list-style-type: none"> Dreams & Goals - Perseverance Lesson 5 - Overcoming Obstacles 		Jigsaw
		7	<ul style="list-style-type: none"> Dreams & Goals – Celebrating Success Lesson 6 – Celebrating my Success 		Jigsaw

Key:

Jigsaw	Jigsaw PSHE Resources	School Staff Drive & Files
CW	Christopher Winters Resources	School Staff Drive
Y&T	Yasmine & Tom Resources	Username: amandaelniff@cathcartstreet.wirral.sch.uk Password: Cathcart2023!
NSPCC	NSPCC Pants Rule Resources	https://learning.nspcc.org.uk/research-resources/schools/pants-teaching#
ExRes	Expect Respect Resources	School Staff Drive
YCit	Young Citizens	https://www.youngcitizens.org/resources/ NOTE: There are presentations to accompany but these need to be downloaded from the site.