

CATHCART STREET PRIMARY SCHOOL



PSHE & RSE

YEAR 3

Autumn	1	1	<ul style="list-style-type: none"> Being Me – Setting Personal Goals & Self Identity Getting to Know Each Other 	PSHE	Jigsaw
		2	<ul style="list-style-type: none"> Being Me – Positivity in Challenges Our Nightmare School 		Jigsaw
		3	<ul style="list-style-type: none"> Being Me – Rules, Rights & Responsibilities Our Dream School 		Jigsaw
		4	<ul style="list-style-type: none"> Being Me – Rewards & Consequences Rewards & Consequences 		Jigsaw
		5	<ul style="list-style-type: none"> Being Me – Responsible Choices Our Learning Charter 		Jigsaw
		6	<ul style="list-style-type: none"> Being Me – Seeing Other Perspectives Owning Our Learning Charter 		Jigsaw
	2	1	<ul style="list-style-type: none"> Smoking - Why People Smoke 	PSHE	CW
		2	<ul style="list-style-type: none"> Smoking - Physical Effects of Smoking 		CW
		3	<ul style="list-style-type: none"> Smoking - Smoking & Society 		CW
		4	<ul style="list-style-type: none"> Smoking – Smoking (Piece 3 – Y4 Healthy Me) 		Jigsaw
		5	<ul style="list-style-type: none"> Healthy Me – Exercise & Fitness Challenges Being Fit & Healthy 1 		Jigsaw
		6	<ul style="list-style-type: none"> Healthy Me – Food Labelling & Healthy Swaps Being Fit & Healthy 2 		Jigsaw
		7	<ul style="list-style-type: none"> Healthy Me – Respect for Myself & Others My Amazing Body 		Jigsaw
Spring	1	1	<ul style="list-style-type: none"> Family - Gender Stereotypes & Aspirations 	RSE	Y&T
		2	<ul style="list-style-type: none"> Family - What Makes a Good Friend? 		Y&T
		3	<ul style="list-style-type: none"> Family - Family Roles & Responsibilities Family Roles & Responsibilities 	PSHE	Jigsaw
		4	<ul style="list-style-type: none"> Family – UN Children’s Rights Being a Global Citizen 		Jigsaw
		5	<ul style="list-style-type: none"> Safe Relationships - Keeping Safe – Is It Risky? 	RSE	Y&T
		6	<ul style="list-style-type: none"> Safe Relationships – Keeping Safe Online Keeping Safe Online 		Jigsaw
	2	1	<ul style="list-style-type: none"> Safe Relationships – Healthy & Safe Choices Being Safe at Home 	P	Jigsaw
		2	<ul style="list-style-type: none"> Changing Me – How Babies Grow How Babies Grow 	RSE	Jigsaw
		3	<ul style="list-style-type: none"> Changing Me – Babies Babies 		Jigsaw
		4	<ul style="list-style-type: none"> Changing Me – Outside Body Changes Outside Body Changes 		Jigsaw
		5	<ul style="list-style-type: none"> Changing Me – NSPCC Pants Rule 		NSPCC

Summer	1	1	<ul style="list-style-type: none"> Celebrating Differences – Families & their Differences Families 	PSHE	Jigsaw
		2	<ul style="list-style-type: none"> Celebrating Differences – How to Manage Conflict Family Conflict 		Jigsaw
		3	<ul style="list-style-type: none"> Celebrating Differences – Witnessing Bullying Witness & Feelings 		Jigsaw
		4	<ul style="list-style-type: none"> Celebrating Differences – How Words can Hurt Words That Harm 		Jigsaw
		5	<ul style="list-style-type: none"> Celebrating Differences – Giving & Receiving Compliments Compliments 		Jigsaw
		6	<ul style="list-style-type: none"> Expect Respect - Resolving Conflict & Where to Get Help 		ExRes
		7	<ul style="list-style-type: none"> Water Safety x 3 (7-9 Yrs Lesson 1,2,3 – each lesson 20 mins) 		WS
		8	<ul style="list-style-type: none"> Young Citizens Developing Positive Communities – Family Life 		YCit
	2	1	<ul style="list-style-type: none"> Young Citizens Developing Positive Communities – Being Part of a Community 	PSHE	YCit
		2	<ul style="list-style-type: none"> Young Citizens Developing Positive Communities – Citizens of the Wider World 		YCit
		3	<ul style="list-style-type: none"> Dreams & Goals – Dreams & Goals Dreams & Goals 		Jigsaw
		4	<ul style="list-style-type: none"> Dreams & Goals – My Dreams & Ambitions My Dreams and Ambitions 		Jigsaw
		5	<ul style="list-style-type: none"> Dreams & Goals – New Challenges New Challenges 		Jigsaw
		6	<ul style="list-style-type: none"> Dreams & Goals – Motivation & Enthusiasm Our New Challenge 		Jigsaw
		7	<ul style="list-style-type: none"> Dreams & Goals – Overcoming Obstacles Overcoming Obstacles 		Jigsaw
		8	<ul style="list-style-type: none"> Dreams & Goals – Celebrating Success Celebrating Success 		Jigsaw

Key:

Jigsaw	Jigsaw PSHE Resources	School Staff Drive & Files
CW	Christopher Winters Resources	School Staff Drive
Y&T	Yasmine & Tom Resources	Username: amandaelniff@cathcartstreet.wirral.sch.uk Password: Cathcart2023!
Dove	Dove Body Image Resources	Username: sheridanl@cathcartstreet.wirral.sch.uk Password: Dover321
CEOP	Child Exploitation and Online Protection Resources	https://www.ceopeducation.co.uk/professionals/resources/
NSPCC	NSPCC Pants Rule Resources	https://learning.nspcc.org.uk/research-resources/schools/pants-teaching#
ExRes	Expect Respect Resources	School Staff Drive
WS	Water Safety Resources	https://www.rlss.org.uk/listing/category/wser-k9xj3?formRef=62faabd4
YCit	Young Citizens	https://www.youngcitizens.org/resources/ NOTE: There are presentations to accompany but these need to be downloaded from the site.