

# CATHCART STREET PRIMARY SCHOOL



## PSHE & RSE

### YEAR 5

Autumn	1	1	<ul style="list-style-type: none"> <li>Being Me – Planning the Forthcoming Year</li> <li><b>My Year Ahead</b></li> </ul>	PSHE	Jigsaw
		2	<ul style="list-style-type: none"> <li>Being Me – Being A Citizen</li> <li><b>Being Me in Britain</b></li> </ul>		Jigsaw
		3	<ul style="list-style-type: none"> <li>Being Me – Rights &amp; Responsibility</li> <li><b>Year 5 Responsibilities</b></li> </ul>		Jigsaw
		4	<ul style="list-style-type: none"> <li>Being Me – Rewards &amp; Consequences</li> <li><b>Rewards &amp; Consequences</b></li> </ul>		Jigsaw
		5	<ul style="list-style-type: none"> <li>Being Me –How Behaviour Affects Groups</li> <li><b>Our Learning Charter</b></li> </ul>		Jigsaw
		6	<ul style="list-style-type: none"> <li>Being Me – Democracy, Having a Voice and Participating</li> <li><b>Owning Our Learning Charter</b></li> </ul>		Jigsaw
	2	1	<ul style="list-style-type: none"> <li>Drugs &amp; Alcohol – Legal &amp; Illegal Drugs</li> </ul>	PSHE	CW
		2	<ul style="list-style-type: none"> <li>Drugs &amp; Alcohol – Attitude to Drugs</li> </ul>		CW
		3	<ul style="list-style-type: none"> <li>Drugs &amp; Alcohol – Peer Pressure</li> </ul>		CW
		4	<ul style="list-style-type: none"> <li>Healthy Me –Smoking (Inc Vaping)</li> <li><b>Smoking</b></li> </ul>		Jigsaw
		5	<ul style="list-style-type: none"> <li>Healthy Me – Alcohol</li> <li><b>Alcohol</b></li> </ul>		Jigsaw
		6	<ul style="list-style-type: none"> <li>Healthy Me – Emergency Aid</li> <li><b>Emergency Aid</b></li> </ul>		Jigsaw
		7	<ul style="list-style-type: none"> <li>Healthy Me – Body Image</li> <li><b>Body Image</b></li> </ul>		Jigsaw
		8	<ul style="list-style-type: none"> <li>Healthy Me – My Relationship with Food</li> <li><b>My Relationship with Food</b></li> </ul>		Jigsaw
		9	<ul style="list-style-type: none"> <li>Healthy Me – Motivation &amp; Behaviour</li> <li><b>Healthy Me</b></li> </ul>		Jigsaw
Spring	1	1	<ul style="list-style-type: none"> <li>Relationships – Recognising Me</li> <li><b>Recognising Me</b></li> </ul>	PSHE	Jigsaw
		2	<ul style="list-style-type: none"> <li>Relationships – Online/Offline Friendships</li> </ul>		Y&T
		3	<ul style="list-style-type: none"> <li>Relationships – Online Communities</li> <li><b>Safety with Online Communities</b></li> </ul>		Jigsaw
		4	<ul style="list-style-type: none"> <li><b>Grassing or Grooming? – Session 1</b> – People’s Intentions &amp; Motivation</li> </ul>	RSE	ATru
		5	<ul style="list-style-type: none"> <li><b>Grassing or Grooming? – Session 2</b> – Skills for the Bystander</li> </ul>		ATru
	2	1	<ul style="list-style-type: none"> <li>Changing Me - Body Image – Appearance Ideals</li> </ul>	PSHE	DOVE
		2	<ul style="list-style-type: none"> <li>Changing Me - Body Image – Banish Body Talk</li> </ul>		DOVE
		3	<ul style="list-style-type: none"> <li>Changing Me – Self &amp; Body Image</li> <li><b>Self &amp; Body Image</b></li> </ul>	RSE	Jigsaw
		4	<ul style="list-style-type: none"> <li>Changing Me – Changes at Puberty</li> </ul>		Y&T
		5	<ul style="list-style-type: none"> <li>Changing Me – Puberty for Girls</li> <li><b>Puberty for Girls</b></li> </ul>		Jigsaw
		6	<ul style="list-style-type: none"> <li>Changing Me – Puberty for Boys</li> <li><b>Puberty for Boys</b></li> </ul>		Jigsaw

Summer	1	1	<ul style="list-style-type: none"> <li>Celebrating Differences – Cultural Differences &amp; How They Cause Conflict</li> <li><b><i>Different Cultures</i></b></li> </ul>	PSHE	Jigsaw
		2	<ul style="list-style-type: none"> <li>Celebrating Differences – Racism</li> <li><b><i>Racism</i></b></li> </ul>		Jigsaw
		3	<ul style="list-style-type: none"> <li>Celebrating Differences – Rumours &amp; Name Calling</li> <li><b><i>Rumours &amp; Name Calling</i></b></li> </ul>		Jigsaw
		4	<ul style="list-style-type: none"> <li>Celebrating Differences – Types of Bullying</li> <li><b><i>Types of Bullying</i></b></li> </ul>		Jigsaw
		5	<ul style="list-style-type: none"> <li>Celebrating Differences – Material Wealth &amp; Happiness</li> <li><b><i>Does Money Matter?</i></b></li> </ul>		Jigsaw
		6	<ul style="list-style-type: none"> <li>Celebrating Differences – Enjoying &amp; Expecting Other Cultures</li> <li><b><i>Celebrating Differences Across the World</i></b></li> </ul>		Jigsaw
	2	1	Expect Respect – Secrets & Stories	PSHE	ExRes
		2	Railway Safety – Switched On		SOn
		3	Skills to Resist Radicalisation Lesson 1		ATru
		4	Skills to Resist Radicalisation Lesson 2		ATru
		5	Skills to Resist Radicalisation Lesson 3		ATru
		6	Skills to Resist Radicalisation Lesson 4		ATru

## Key:

<b>Jigsaw</b>	Jigsaw PSHE Resources	School Staff Drive & Files
<b>CW</b>	Christopher Winters Resources	School Staff Drive
<b>Y&amp;T</b>	Yasmine & Tom Resources	Username: <a href="mailto:amandaelniff@cathcartstreet.wirral.sch.uk">amandaelniff@cathcartstreet.wirral.sch.uk</a> Password: Cathcart2023!
<b>DOVE</b>	Dove Body Image Resources	Username: <a href="mailto:sheridanl@cathcartstreet.wirral.sch.uk">sheridanl@cathcartstreet.wirral.sch.uk</a> Password: Dover321
<b>CEOP</b>	Child Exploitation and Online Protection Resources	<a href="https://www.ceopeducation.co.uk/professionals/resources/">https://www.ceopeducation.co.uk/professionals/resources/</a>
<b>NSPCC</b>	NSPCC Pants Rule Resources	<a href="https://learning.nspcc.org.uk/research-resources/schools/pants-teaching#">https://learning.nspcc.org.uk/research-resources/schools/pants-teaching#</a>
<b>ExRes</b>	Expect Respect Resources	School Staff Drive
<b>WS</b>	Water Safety Resources	<a href="https://www.rlss.org.uk/listing/category/wser-k9xj3?formRef=62faabd4">https://www.rlss.org.uk/listing/category/wser-k9xj3?formRef=62faabd4</a>
<b>YCit</b>	Young Citizens	<a href="https://www.youngcitizens.org/resources/">https://www.youngcitizens.org/resources/</a> <b>NOTE:</b> There are presentations to accompany but these need to be downloaded from the site.
<b>ATru</b>	Ariel Trust – Safe Skills	Grassing or Grooming: <a href="https://arieltrust.com/gorg/">https://arieltrust.com/gorg/</a> Username: <a href="mailto:sheridanl@cathcartstreet.wirral.sch.uk">sheridanl@cathcartstreet.wirral.sch.uk</a> Password: 01516477349!  Resist Radicalisation : Site: <a href="https://arieltrust.com/strr">https://arieltrust.com/strr</a> Password: 3HHDRTM1
<b>SOn</b>	Switched On	School Staff Drive